



Discover Balance/Discover Service

"How to Live our Dreams in the Second Half of Life"

Thursday, December 8, 7:00 - 8:30pm
DWN HUB

Discovering What's Next® invites you to a Meeting-Up focusing on how to *live our dreams during the second half of life* on Thursday, December 8, 7:00 – 8:30pm, DWN HUB, Newton Cultural Center, 225 Nevada Street, Room #104, Newton. This session will be facilitated by Lynn S. Auerbach, Ph.D.

As Lynn explains it, “We all carry some dream, be it little or big, of something we want to do in life. And at some point it becomes now or never. A possibility can become a reality at this stage in our lives. It took me 34 years to live out my dream which has taken me to Africa where I now live and work. Together let’s challenge the comfort zone of your life. It can be the tiniest beginning to imagine the next chapter in your life. What might it look like? Mine took me to Africa; where will your dreams take you?”

This program will also explore how to combine work and volunteering. “Many of us are not appreciative of our many skills that can be translated to benefit other countries and cultures. Our dreams can include making travel into a good will volunteer opportunity.”

Lynn S. Auerbach has a PhD in psychology and worked as a psychologist; she was owner/CEO of Impact Model Mugging, an organization that provided violence prevention skills. Today Lynn is Founder/Co-Director of Connect Africa Foundation, a grass roots organization that helps people of Uganda invest in themselves and in the future of their community. Lynn lives much of the year in Uganda.

Fee for this program is \$5.00 payable at the door. Kindly pre-register for this program by email to info@discoveringwhatsnext.com or phone 617-467-5438.