



Selected Resources for May 27, 2004 Library Forum
My Time: Growth, Love and Relationships in the Bonus Years

Books of Interest

Make it Count: How To Generate a Legacy That Gives Meaning to Your Life, by John Kotre (Free Press Hardcover, 1999). A ground-breaking interpretation of generativity in later life. For details, see: www.johnkotre.com/books/makeitcount.htm

Ordinary Grace: An Examination of the Roots of Compassion, Altruism, and Empathy, and the Ordinary Individuals Who Help Others in Extraordinary Ways, by Kathleen Brehony (Riverhead, 1999).

What Should I do with My Life? by Po Bronson (Random House, 2002). It's a question we ask ourselves more than once, and the author here has profiled 55 Americans who have asked the question and come up with compelling answers. A valuable book for exploring the meaning of "Calling" in the 21st century.

Why Survive? Growing Old in America, by Robert N. Butler (Johns Hopkins University Press, 2003).

Aging and Mental Health, by Robert N. Butler, M. Lewis, T. Sunderland (Allyn and Bacon, 1998).

The Creative Age: Awakening Human Potential in the Second Half of Life, by Gene D. Cohen (Avon Books, Ind., 2000).

Prime Time: How Baby Boomers Will Revolutionize Retirement and Transform America, by Marc Freedman (Perseus Books Group, 1999).

It's About Time: Couples and Careers, by Phyllis Moen, Editor (Cornell University Press, 2003).

Living to 100: Lessons in Living to Your Maximum Potential at Any Age, by Thomas T. Perls and Margery Silver (Basic Books, 1999).

Longevity Revolution: As Boomers Become Elders, by Theodore Roszak (Berkeley Hills Books, 2001).

Successful Aging, by John Rowe and Robert Kahn (Pantheon, 1998).

Aging Well: Surprising Guideposts to a Happier Life, from the Landmark Harvard Study of Adult Development (Little, Brown and Company, 2002).

Web Sites to See

Generativity: Read "Generativity: The new Definition of Success," by psychologist Dan P. McAdams at: www.spiritualityhealth.com/newsh/items/article/item_3566.html

Life Options: An interactive directory of Life Options Initiatives around the country is available at: www.civicventures.org/life_options.html

Un-Retirement: Thinking about alternatives to retirement? To get a free newsletter and a list of "Top Ten Ways to Retire Retirement", visit: www.2young2retire.com